

Le Clos des Sources



SPA Treatments Menu



Our commitments

WHAT IS A SEASONAL ORGANIC SPA ?

The gentle way of life and the well-being of the SPA while respecting the environment.

1.

ORGANIC MASSAGE OILS AND ESSENTIAL OILS USED IN OUR TREATMENTS.

2.

BASINS AND SHOWERS SUPPLIED WITH NATURAL SPRING WATER DIRECTLY FROM THE TAENNCHEL MASSIF, ENRICHED WITH THE BENEFITS OF THE GRANDER® WATER INVIGORATION SYSTEM.

3.

A WOOD CHIP BOILER ROOM WHICH REDUCES ENERGY CONSUMPTION BY 65% AND AVOIDS THE USE OF FOSSIL FUELS TO MINIMIZE THE IMPACT OF ENERGY CONSUMPTION IN THE WELLNESS AREA.

Welcome to the Clos des Sources' SPA

WE INVITE YOU TO EXPLORE OUR FACIAL TREATMENTS AND BODY MASSAGES, FOR AN EXPERIENCE OF ABSOLUTE RELAXATION AND WELL-BEING.

EXTEND YOUR MOMENT OF WELL-BEING IN OUR RELAXATION ROOM WITH ITS HAY BED.

YOU'LL BE SERVED A HOT OR COLD DRINK TO EXTEND YOUR MOMENT OF WELL-BEING (INCLUDED WITH EVERY TREATMENT).

OUR TREATMENTS ARE AVAILABLE TO BOTH HOTEL GUESTS AND DAY SPA GUESTS. PLEASE READ THE SPA RULES ON THE LAST PAGES OF THIS MENU.



Our skincare brands

CLÉ DES CHAMPS

ORGANIC COSMETICS BRAND, ECOCERT-CERTIFIED AND COSMEBIO-LABELED.

CLÉ DES CHAMPS IS A FRENCH LABORATORY. IT COMBINES TRADITIONAL CHINESE MEDICINE WITH CARE PROTOCOLS THAT VARY WITH THE SEASONS. NATURAL, ORGANIC RITUALS COMBINE FRAGRANCE, COLOR AND THE GOURMET FLAVORS OF SEASONAL INGREDIENTS.

CLÉ DES CHAMPS
SOINS DE SAISONS

SOINS FRAIS



TRÉSORS
d'une herboriste

TRÉSORS D'UNE HERBORISTE

TRÉSORS D'UNE HERBORISTE IS A FRENCH BRAND WITH THE NATURE & PROGRÈS LABEL.

THIS RANGE GUARANTEES 100% NATURAL AND ORGANIC COSMETICS. THE PLANTS ARE GROWN AND HARVESTED BY HAND IN FRANCE, IN THE GARDENS OF A TRAINER IN TRADITIONAL HERBALISM.. THE PRODUCTS ARE DESIGNED TO BALANCE THE BODY, MIND AND SPIRIT.

ALL OUR PRODUCTS ARE ORGANIC AND MADE IN FRANCE, WITH RECYCLED BOTTLES AFTER USE.



The face

OUR FACIAL TREATMENTS BRING YOU RELAXATION. USING SEASONAL PRODUCTS, WE OFFER YOU A UNIQUE EXPERIENCE.

DEEP CLEANSING, MOISTURIZING, MASSAGE...

OUR PRACTITIONERS WILL GUIDE YOU TOWARDS SERVICES TAILORED TO YOUR SKIN AND ITS NEEDS.

A photograph showing the back of a person with dark hair being massaged by two hands. The person's arms are raised, and the background is a plain, light-colored wall. The text is overlaid on the lower right portion of the image.

The body

EXPERIENCE A RELAXING ESCAPE IN OUR
TREATMENT CABINS, AS YOU JOURNEY
TOWARDS BODY RELAXATION AND THE
COMPLETE RELEASE OF TENSION.
IN A WARM ATMOSPHERE AND DELICATE
SCENTS, OUR PRACTITIONERS OFFER YOU
ENVELOPING GESTURES WITH DIFFERENT
DEGREES OF SUPPORT ACCORDING TO YOUR
EXPECTATIONS.

Our must-have body care products

		SSBH* Standard rate	Week** Soft rate
SEASONAL RELAXING MASSAGE	45mn	85€	75€
Slow, gentle and enveloping movements Reconcile the body.	60 mn	95€	85€
SEASONAL REJUVENATING MASSAGE	45 mn	85€	75€
Dynamic and rhythmic movements: kneading, effleurage and firm pressure Removes tension, awakens the body and mind.	60mn	95€	85€
SPORTS MASSAGE	45 mn	90€	80€
Energising and powerful techniques based on strong pressure combined with stretching Optimal recovery before or after exercise.	60 mn	100€	90€
SOON-TO-BE MOTHER MASSAGE	60 mn	95€	85€
Pregnant woman massage that reduces fatigue, relieves muscular tension, promotes blood and lymphatic circulation and restores energy.			
FOOT MASSAGE			
Massage combining effleurage, kneading and specific pressure points extending to the knee for total relaxation.	45 mn	85€	75€
PRESTIGE PACKAGE	2*45 mn	155€	145€
Package valid only for 2 people sharing the same bedroom, including one massage relaxing per person in a single cabin. <i>Special offer, non-cumulative non-changeable</i>	2*60 mn	175€	165€

*SSBH : saturday, sunday, bank holidays

**Week : monday to friday

Our Body Scrubs and Children's Care

		SSBH* Standard rate	Week** Soft rate
BALADE CLÉ DES CHAMPS			
Invigorating scrub, body wrap, relaxing massage.			
	<i>with body wrap 1h45</i>	160€	150€
	<i>without body wrap 1h15</i>	125€	115€
SEASONAL BODY SCRUB			
Invigorating full-body scrub (shower included) and application of your choice of oil.	45mn	70€	60€
KIDS MASSAGE FROM 4 TO 12 YEARS OLD			
Kids Massage from 4 to 12 years old. Relaxing massage with slow, soft and enveloping movements, specially adapted for children from 4 to 12 years old.	25 mn	55€	45€

*SSBH : saturday, sunday, bank holidays

**Week : monday to friday



Our Signature Body Treatments

		SSBH* Standard rate	Week** Soft rate
ESCAPE	2h	230€	200€
Total of 4 treatments:			
<p>Face and body scrub Body sculpting Facial treatment adapted to your skin type Scalp massage</p>			
LETTING GO WITH KANSU BOWL	30 mn	65€	55€
<p>Can be combined with a massage Focus on the upper body: shoulder, neck, face and scalp. Reduces stress and frees the mind. This treatment relieves tension caused by poor posture. <i>The Kansu bowl is a relaxing accessory (vibration-free) whose alloyed metals soothe the body's fire.</i></p>			
HOT STONE MASSAGE	1h15	115€	105€
<p>Relaxing body massage with hot stones. It relaxes the muscles, restores blood circulation and energy flow. <i>During hot weather, cool stones are applied to relieve congestion.</i></p>			
SOURCES' SIGNATURE	1h15	120€	105€
	1h30	135€	120€
<p>Customised massage for optimal relaxation A combination of techniques performed on the whole body according to your needs and expectations</p>			

*SSBH : saturday, sunday, bank holidays

**Week : monday to friday



TRESORS
d'une herboriste

The body ✦

The mind

*Massage-Care with
medicinal plants*

6 care ranges

Face and Body Cares

Trésors D'une Herboriste



MASSAGE-CARE WITH MEDICINAL PLANTS

After a diagnosis, we'll target the area(s) of the body to be massaged.

The massage combines the benefits of medicinal plants with manual techniques derived from Chinese and Ayurvedic medicine, stimulating acupuncture points and chakras.

The zones to be massaged can be combined for a tailor-made treatment of 1h (2 zones) or 1h30 (3 zones).

The times indicated include a 15-minute diagnosis.

	SSBH* Standard rate	Week** Soft rate
45 mn	73€	58€
1h15	146€	116€
1h45	219€	174€

6 CARE RANGES

Beauty - Damask Rose & Yarrow

Facial beauty care, heart opening

Body - Comfrey root, Rose & Calendula

Nourishing and protective care, root connection

Douceur - Poplar & Garden Marigold

Soothing care for irritations, self-confidence

Harmonie - Tulsi, Chamomile & Lavender

Purifying and cleansing treatment, energy balance

Energy - Savory & Yarrow

Firming and toning treatment, circulation

Relaxation - St John's Wort & Immortelle

Muscle-relaxing care, letting go

Suppleness - Rosemary & Comfrey

Joint care, tension release

*SSBH : saturday, sunday, bank holidays

**Week : monday to friday

Spa Rules 1/2

OPENING HOURS

Swimming pool and jacuzzi: 7am to 11pm / Sauna and steam room area: 10am to 10pm.

Treatment rooms: by appointment, at the following times: 10am to 7pm and until 8pm on Fridays and Saturdays.

RESERVATIONS AND CANCELLATIONS

Please book your treatments in advance by contacting reception on 03 89 73 10 01 or at the Spa counter. Please arrive at the Spa counter 10 minutes before the start of your treatment.

In the event of late arrival, the treatment session may be shortened or cancelled. We can offer you the same service at another time if our schedule allows, otherwise we will shorten your treatment.

Treatment reservations cancelled less than 24 hours in advance will be charged in full.

CLOTHING AND LINEN

Bathrobes and towels are provided (for hotel guests and external customers). Please bring a swimsuit to access the swimming pool and jacuzzi.

For hygiene reasons, access to the hammam, sauna and sanarium is without clothing, i.e. without swimwear.

We invite you to bring a pair of flip-flops or slippers. Otherwise, slippers are available for purchase at reception for €3 per pair.

Disposable underwear is available for your comfort during treatments.

Spa rules 2/2

A PLACE TO RELAX

The spa and swimming pool are places for rest and relaxation. We kindly ask you to respect the peaceful atmosphere of these areas. Access to the sauna and steam room is permitted for guests aged 16 and over. Children under the age of 12 must be accompanied by an adult when using the swimming pool.

MEDICAL CONSIDERATIONS

If you have any doubts about the compatibility of 1soin with your state of health, we invite you to consult your doctor and attach a medical certificate to your booking.

We also ask our guests with medical complications or who are pregnant to inform reception and spa staff before booking.

We reserve the right to offer you another treatment that is more suited to your condition.

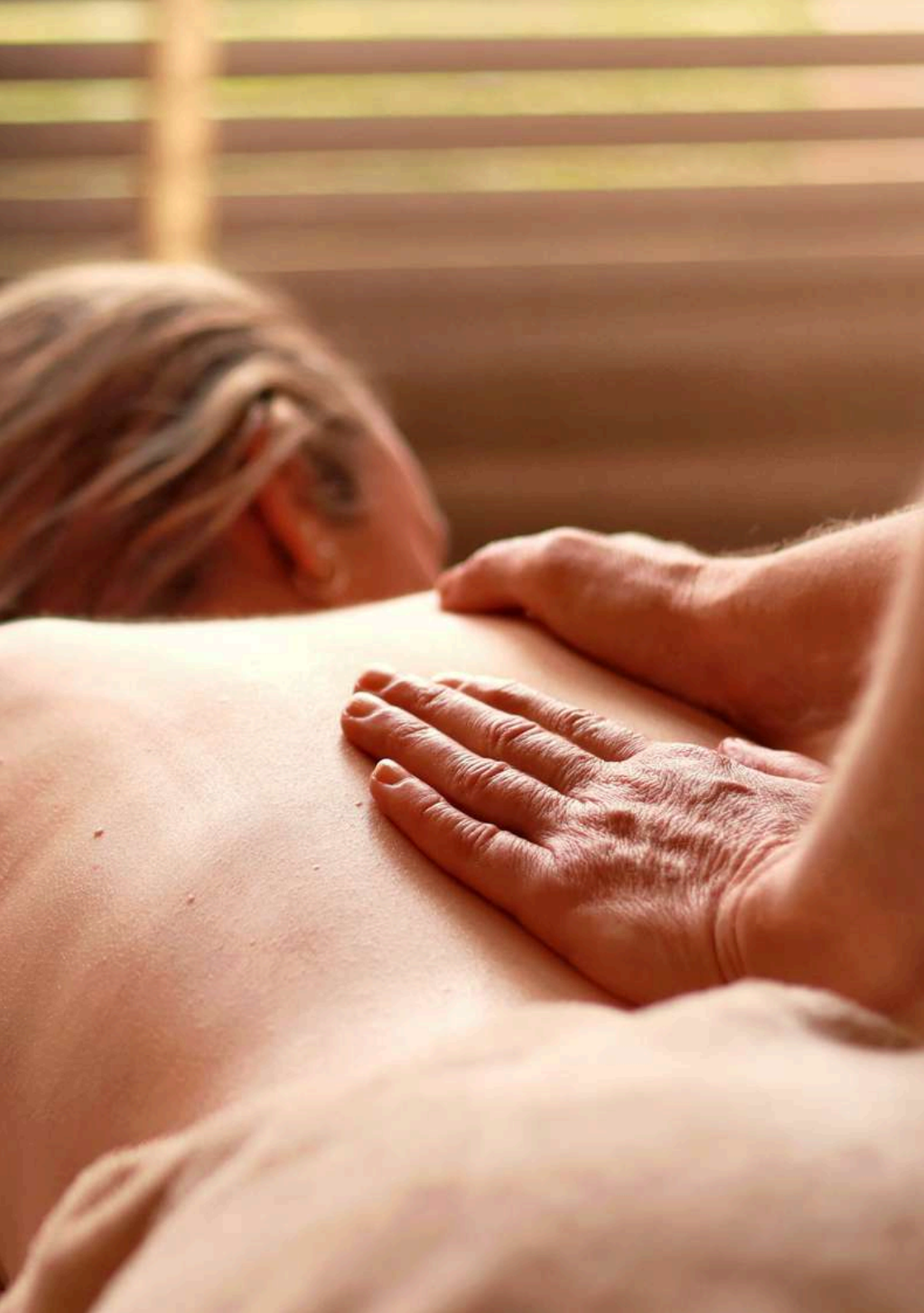
The treatments provided are not medical or physiotherapy massages, but relaxation and wellness techniques.

THEFT OR LOST PROPERTY

For security reasons, we recommend that you keep your valuables in your locked locker at the Spa or in your room. Management cannot be held responsible for theft, loss, or damage to items at the Spa.

PRICES

Prices are provided for information purposes only and are subject to change without notice. Prices are inclusive of VAT and are quoted in euros per treatment. The treatment menu and range remain the intellectual property of Touring Hotel - Le Clos des Sources. Promotional treatment offers cannot be combined.



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HÔTEL ET SPA LE CLOS DES SOURCES

