

Le Clos des Sources



SPA Treatments Menu



Our commitments

WHAT IS A SEASONAL ORGANIC SPA ?

The gentle way of life and the well-being of the SPA while respecting the environment.

1.

ORGANIC MASSAGE OILS AND ESSENTIAL OILS USED IN OUR TREATMENTS.

2.

BASINS AND SHOWERS SUPPLIED WITH NATURAL SPRING WATER DIRECTLY FROM THE TAENNCHEL MASSIF, ENRICHED WITH THE BENEFITS OF THE GRANDER® WATER INVIGORATION SYSTEM.

3.

A WOOD CHIP BOILER ROOM WHICH REDUCES ENERGY CONSUMPTION BY 65% AND AVOIDS THE USE OF FOSSIL FUELS TO MINIMIZE THE IMPACT OF ENERGY CONSUMPTION IN THE WELLNESS AREA.

Welcome to the Clos des Sources' SPA

WE INVITE YOU TO EXPLORE OUR FACIAL TREATMENTS AND BODY MASSAGES, FOR AN EXPERIENCE OF ABSOLUTE RELAXATION AND WELL-BEING.

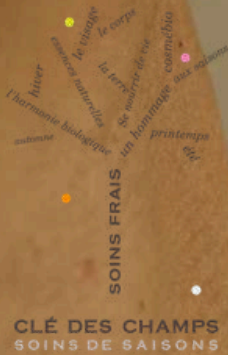
EXTEND YOUR MOMENT OF WELL-BEING IN OUR RELAXATION ROOM WITH ITS HAY BED.

YOU'LL BE SERVED A HOT OR COLD DRINK TO EXTEND YOUR MOMENT OF WELL-BEING (INCLUDED WITH EVERY TREATMENT).

OUR TREATMENTS ARE AVAILABLE TO BOTH HOTEL GUESTS AND DAY SPA GUESTS.



Our skincare brands



ORGANIC COSMETICS BRAND, ECOCERT-CERTIFIED AND COSMEBIO-LABELED.

CLÉ DES CHAMPS IS A FRENCH LABORATORY. IT COMBINES TRADITIONAL CHINESE MEDICINE WITH CARE PROTOCOLS THAT VARY WITH THE SEASONS. NATURAL, ORGANIC RITUALS COMBINE FRAGRANCE, COLOR AND THE GOURMET FLAVORS OF SEASONAL INGREDIENTS.

ECOCERT-CERTIFIED, ECO-RESPONSIBLE ORGANIC COSMETICS BRAND.

CREATED BY LABORATOIRES PHYTODIA, IT IS LOCALLY BASED IN ALSACE. PRACTICALITY, EFFECTIVENESS AND SENSORIALITY CHARACTERIZE THE NATURE IS FUTURE BRAND. ALL THIS, USING PLANTS GROWN BY LOCAL PARTNERS IN ALSACE AND THE VOSGES.

Nature
is Future 

TRÉSORS D'UNE HERBORISTE IS A FRENCH BRAND WITH THE NATURE & PROGRÈS LABEL.



TRÉSORS
d'une herboriste

THIS RANGE GUARANTEES 100% NATURAL AND ORGANIC COSMETICS.

THE PLANTS ARE GROWN AND HARVESTED BY HAND IN FRANCE, IN THE GARDENS OF A TRAINER IN TRADITIONAL HERBALISM.. THE PRODUCTS ARE DESIGNED TO BALANCE THE BODY, MIND AND SPIRIT.

ALL OUR PRODUCTS ARE ORGANIC AND MADE IN FRANCE, WITH RECYCLED BOTTLES AFTER USE.



The face

OUR FACIAL TREATMENTS BRING YOU RELAXATION. USING SEASONAL PRODUCTS, WE OFFER YOU A UNIQUE EXPERIENCE. DEEP CLEANSING, MOISTURIZING, MASSAGE... OUR PRACTITIONERS WILL GUIDE YOU TOWARDS SERVICES TAILORED TO YOUR SKIN AND ITS NEEDS.

Our Face Care products

Nature is Future

| | | SSBH* Standard rate | Week Soft rate |
|---|-------|------------------------|-------------------|
| SOIN ANTI-POLLUTION ANTI-STRESS VISAGE | 45 mn | 80€ | 65€ |
| <p>Protective, revitalising and energising care. Ideal for combating external aggressions. It revives and preserves skin's radiance and cellular youth.</p> | | | |
| ANTI-AGEING FACE CARE | 45 mn | 80€ | 65€ |
| <p>Double anti-ageing action : preventive and repairing. Repairing action: reduces the signs of ageing present (wrinkles, fine lines, sagging skin) Preventive action: delays the appearance of new signs of ageing</p> | | | |
| *EXTRA OPTIONAL EYE CARE | 20 mn | 40€ | 25€ |
| <p>Ideal for illuminating the eyes. Reduces puffiness, dark circles and wrinkles around the eyes. In addition to a facial treatment.</p> | | | |

*SSBH : Saturday sunday bank holidays

**Week: Monday to friday

Our Face Cares products

Clé des Champs

CLÉ DES CHAMPS
SOINS DE SAISONS

| | SSBH* | Week |
|---|---------------|-----------|
| | Standard rate | Soft rate |
| SEASON'S BEAUTY RITUAL - REVITALIZING/ANTI-AGING 1h15 Cleansing and skin care with the application of specific seasonal products. Massage of reflex zones on face and feet. | 115€ | 100€ |
| TRAITEMENT RADIANCE BOOST - LIFTING EFFECT 45 mn Cleansing, exfoliation, facial massage, application of seasonal products (serum and cream), application of ice packs with rose petal hydrolat. | 90€ | 75€ |
| PURIFY FACE TREATMENT 45 mn Recover freshness, comfort and luminosity. Deep cleansing with exfoliation, facial massage, mask application, serum, eye contour cream and seasonal cream. | 90€ | 75€ |
| ULTIMATE REPAIRING TREATMENT 45 mn Cleansing, exfoliation, mask and massage of the face with the Baume des Saisons with repairing oils. <i>For dry or damaged skin.</i> | 90€ | 75€ |
| TONIC FACE TREATMENT FOR MEN 45 mn Cleansing of the skin with rosemary hydrolate, exfoliation and mask, massage of the trapezius and reflex zones to tone up. | 90€ | 75€ |

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A close-up, high-angle photograph of a person's back and shoulders. The person has dark, curly hair and is lying on their back. Two hands are visible, one on the left shoulder and one on the right shoulder, performing a massage. The background is a plain, light-colored wall.

The body

EXPERIENCE A RELAXING ESCAPE IN OUR TREATMENT CABINS, AS YOU JOURNEY TOWARDS BODY RELAXATION AND THE COMPLETE RELEASE OF TENSION. IN A WARM ATMOSPHERE AND DELICATE SCENTS, OUR PRACTITIONERS OFFER YOU ENVELOPING GESTURES WITH DIFFERENT DEGREES OF SUPPORT ACCORDING TO YOUR EXPECTATIONS.

Our must-have body care products

| | | SSBH* Standard rate | Week Soft rate |
|---|---------|------------------------|-------------------|
| SEASONAL RELAXING MASSAGE | 45mn | 90€ | 75€ |
| Slow, gentle and enveloping movements Reconcile the body | 60 mn | 100€ | 85€ |
| SEASONAL REJUVENATING MASSAGE | 45 mn | 90€ | 75€ |
| Dynamic and rhythmic movements: kneading, effleurage and firm pressure Removes tension and awakens the body and mind | 60mn | 100€ | 85€ |
| SPORTS MASSAGE | 45 mn | 95€ | 80€ |
| Energising and powerful techniques based on strong pressure combined with stretching Optimal recovery before or after exercise | 60 mn | 105€ | 90€ |
| SOON-TO-BE MOTHER MASSAGE | 60 mn | 100€ | 85€ |
| Pregnant woman massage that reduces fatigue, relieves muscular tension, promotes blood and lymphatic circulation and restores energy | | | |
| FOOT MASSAGE | 45 mn | 90€ | 75€ |
| Massage combining effleurage, kneading and specific pressure points extending to the knee for total relaxation | | | |
| PRESTIGE PACKAGE | 2*45 mn | 160€ | 145€ |
| Package valid only for 2 people sharing the same bedroom, including one massage relaxing per person in a single cabin. <i>Special offer, non-cumulative non-changeable</i> | 2*60 mn | 180€ | 165€ |

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Our Body Scrubs and Children's Care

| | | SSBH* Standard rate | Week Soft rate |
|--|-------------------------------|------------------------|-------------------|
| BALADE CLÉ DES CHAMPS | | | |
| Inigorating exfoliation, fresh seasonal wrap, seasonal massage. | | | |
| | <i>with body wrap 1h45</i> | 165€ | 150€ |
| | <i>without body wrap 1h15</i> | 130€ | 115€ |
| SEASONAL BODY SCRUB | 45mn | 75€ | 60€ |
| Inigorating body exfoliation with the fragrance of your choice. | | | |
| KIDS MASSAGE FROM 4 TO 12 YEARS OLD | 25 mn | 60€ | 45€ |
| Kids Massage from 4 to 12 years old Relaxing massage with slow, soft and enveloping movements, specially adapted for children from 4 to 12 years old. | | | |

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Our Signature Body Treatments

| | | SSBH* Standard rate | Week Soft rate |
|---|-------|------------------------|-------------------|
| ESCAPE | 2h | 260€ | 230€ |
| Total of 4 treatments: | | | |
| Face and body scrub | | | |
| Body sculpting | | | |
| Facial treatment adapted to your skin type | | | |
| Scalp massage | | | |
| LETTING GO WITH KANSU BOWL | 30 mn | 70€ | 55€ |
| Can be combined with a massage | | | |
| Focus on the upper body: shoulder, neck, face and scalp. | | | |
| Reduces stress and frees the mind. This treatment relieves tension caused by poor posture. | | | |
| <i>The Kansu bowl is a relaxing accessory (vibration-free) whose alloyed metals soothe the body's fire.</i> | | | |
| HOT STONE MASSAGE | 1h15 | 120€ | 105€ |
| Relaxing body massage with hot stones. It relaxes the muscles, restores blood circulation and energy flow. | | | |
| <i>During hot weather, cool stones are applied to relieve congestion.</i> | | | |
| SOURCES' SIGNATURE | 1h15 | 125€ | 110€ |
| Customised massage for optimal relaxation | 1h30 | 140€ | 125€ |
| A combination of techniques performed on the whole body according to your needs and expectations | | | |

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**Week: Monday to friday



TRESORS
d'une herboriste

The body ✦

The mind ✦

*Massage-Care with
medicinal plants* ✦

6 care ranges ✦

Face and Body Cares

Trésors D'une Herboriste



MASSAGE-CARE WITH MEDICINAL PLANTS

After a diagnosis, we'll target the area(s) of the body to be massaged.

The massage combines the benefits of medicinal plants with manual techniques derived from Chinese and Ayurvedic medicine, stimulating acupuncture points and chakras.

The zones to be massaged can be combined for a tailor-made treatment of 1h (2 zones) or 1h30 (3 zones).

The times indicated include a 15-minute diagnosis.

| | SSBH* | Week |
|-------|---------------|-----------|
| | Standard rate | Soft rate |
| 45 mn | 73€ | 58€ |
| 1h15 | 146€ | 116€ |
| 1h45 | 219€ | 174€ |

6 CARE RANGES

Beauty - Damask Rose & Yarrow

Facial beauty care, heart opening

Body - Comfrey root, Rose & Calendula

Nourishing and protective care, root connection

Douceur - Poplar & Garden Marigold

Soothing care for irritations, self-confidence

Harmonie - Tulsi, Chamomile & Lavender

Purifying and cleansing treatment, energy balance

Energy - Savory & Yarrow

Firming and toning treatment, circulation

Relaxation - St John's Wort & Immortelle

Muscle-relaxing care, letting go

Suppleness - Rosemary & Comfrey

Joint care, tension release

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OPENING HOURS

Monday to Sunday from :

Swimming pool & jacuzzi: 7:00 am to 11:00 pm

Sauna & steam room: 10:00 am to 10:00 pm

SPA rules

Treatments: available by appointment and at the following times

Sunday to Thursday, 10:00 am to 7:00 pm

Friday and Saturday from 10:00 am to 8:00 pm

BOOKING AND CANCELLATION :

Please book your treatments in advance by contacting the hotel reception on 03 89 73 10 01 and arrive 10 minutes before your treatment is due to start.

In the event of late arrival, the treatment session charged may be reduced or cancelled. We can offer you the same service at another time if our schedule allows, otherwise we will shorten your treatment.

Treatment bookings cancelled less than 24 hours in advance will be billed in full.

A PLACE TO RELAX

The SPA and swimming pool are places to relax and unwind. We kindly ask you to respect the calm of this space. Access to the SPA is authorized for people over 16, and children under 12 must be accompanied by an adult for access to the pool.

CLOTHES AND LINEN

Bathrobes and towels are provided (for guests staying in the hotel as well as for external guests). Please bring a bathing suit for access to the swimming pool and jacuzzi.

Access to the hammam, sauna and sanarium is without bathing suit, only with your towel for reasons of hygiene.

As slippers are no longer provided for environmental reasons, we ask you to bring a pair of flip-flops. Alternatively, slippers are on sale at reception for €3 a pair.

Disposable underwear is also available for your comfort during treatment.

MEDICAL CONSIDERATIONS

If you are in any doubt about your state of health, please consult your doctor before booking, and bring a medical certificate with you.

Guests suffering from medical complications or who are pregnant are also kindly requested to inform reception and SPA staff.

We reserve the right to offer you an alternative treatment more suited to your condition.

These treatments are not medical or physiotherapy massages, but relaxation and well-being techniques.

THEFT & LOST AND FOUND

For security reasons, we recommend that you keep your valuables in your locked locker. Management cannot be held responsible in the event of theft, loss, forgetfulness or damage of objects at the SPA.

We reserve the right to offer you another treatment more suited to your condition.

Prices are given as an indication only and are subject to change without notice. Net prices in euros per treatment.

Treatment menu and range remain the intellectual property of Touring Hôtel - Le Clos des Sources.

Promotional offers are not cumulative.

