

SPA TREATMENTS MENU

Le Clos des Sources 

Welcome to the Spa du Clos des Sources

Here, we do our utmost to ensure that you spend a unique moment of rest while taking care of yourself.

We invite you to discover our various facials and body massages to help you spend a moment of total relaxation.

Extend your moment of well-being by going to our rest room with its hay bed. A drink, cold or hot, according to your desire will be served to prolong your moment of well-being (included with every treatment).

Our treatment offers are available for hotel guests as well as for Day Spa guests.



OUR ESSENTIALS

		SSBH <i>Standard rate</i>	Week <i>Soft rate</i>
Seasonal Relaxing Massage	45 mn 60 mn	90€ 100€	75€ 85€
Slow, gentle and enveloping movements Reconcile the body			
Seasonal Rejuvenating Massage	45 mn 60 mn	90€ 100€	75€ 85€
Dynamic and rhythmic movements: kneading, effleurage and firm pressure Removes tension and awakens the body and mind			
Sports Massage	45 mn 60 mn	95€ 105€	80€ 90€
Energising and powerful techniques based on strong pressure combined with stretching Optimal recovery before or after exercise			
Soon-to-be Mother Massage from the 4th months onward	60 mn	100€	85€
Pregnant woman massage that reduces fatigue, relieves muscular tension, promotes blood and lymphatic circulation and restores energy			
Kids Massage from 4 to 12 years old	25 mn	60€	45€
Relaxing massage with slow, soft and enveloping movements, specially adapted for children from 4 to 12 years old.			
PRESTIGE Package	2*45 mn 2*60 mn	160€ 180€	145€ 165€
Package valid only for 2 people sharing the same bedroom, including one massage relaxing per person in a single cabin. <i>Special offer, non-cumulative non-changeable</i>			



SSBH : saturday sunday
bank holidays

Week : monday to friday

OUR SIGNATURES

		SSBH <i>Standard rate</i>	Week <i>Soft rate</i>
Letting Go with Kansu Bowl	30 mn	70€	55€
<i>Can be combined with a massage</i>			
Focus on the upper body: shoulder, neck, face and scalp. Reduces stress and frees the mind. This treatment relieves tension caused by poor posture.			
<i>The Kansu bowl is a relaxing accessory whose alloyed metals soothe the body's fire.</i>			
Foot Massage	45 mn	90€	75€
Massage combining effleurage, kneading and specific pressure points extending to the knee for total relaxation			
Walk in the Taennchel Mountain	1h15	120€	105€
Relaxing body massage with hot stones. It relaxes the muscles, restores blood circulation and energy flow.			
<i>During hot weather, cool stones are applied to relieve congestion.</i>			
Sources' Signature	1h15 1h30	125€ 140€	110€ 125€
Customised massage for optimal relaxation			
A combination of techniques performed on the whole body according to your needs and expectations			



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Le visage
Le corps
essences naturelles
la terre
Se nourrir de vie
cosmébio
un hommage aux saisons
hiver
l'harmonie biologique
automne
printemps
été

SOINS FRAIS

CLÉ DES CHAMPS
SOINS DE SAISONS

Clé des Champs is a French laboratory.
It combines traditional Chinese medicine with
innovative and organic care protocols according to

the seasons.

Natural and organic rituals where perfumes,
colours and gourmet flavours of seasonal
ingredients are combined.

BEAUTY TREATMENTS CLÉ DES CHAMPS



		SSBH <i>Standard rate</i>	Week <i>Soft rate</i>
Season's Beauty Ritual - Revitalizing/Anti-aging	1h20	115€	100€
Cleansing and care of the skin with the application of specific seasonal products Massage of the reflex zones of the face and feet			
Traitement Radiance Boost - Lifting Effect	45 mn	90€	75€
Cleansing, exfoliation, facial massage, application of seasonal products (serum and cream), application of ice packs with rose petal hydrolat.			
Purity Face Treatment	45 mn	90€	75€
Recover freshness, comfort and luminosity Deep cleansing with exfoliation, facial massage, application of mask, serum, eye contour cream and seasonal cream			
Ultimate Repairing Treatment	45 mn	90€	75€
Cleansing, exfoliation, mask and massage of the face with the Baume des Saisons with repairing oils. <i>For dry or damaged skin.</i>			
Tonic Face Treatment for Men	45 mn	90€	75€
Cleansing of the skin with rosemary hydrolate, exfoliation and mask, massage of the trapezius and reflex zones to tone up.			



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Nature is Future

Nature is Future is an Ecocert-certified and eco-responsible organic cosmetics brand. It was created by Phytodia Laboratories, located in Alsace.

Practicality, effectiveness and sensoriality characterise the Nature is Future brand. All this, using plants that are grown by local partners (plants from Alsace and the Vosges).



BEAUTY TREATMENTS NATURE IS FUTURE

Nature
is Future 

		SSBH <i>Standard rate</i>	Week <i>Soft rate</i>
Soin anti-pollution anti-stress visage	45 mn	80€	65€
<p>Protective, revitalising and energising care Ideal to fight against the damage of external aggressions. It revives and preserves the skin's radiance and cellular youth.</p>			
Anti-ageing face care	45 mn	80€	65€
<p>Double anti-ageing action: preventive and repairing:</p> <ul style="list-style-type: none">• Repairing action: reduces the signs of ageing present (wrinkles, fine lines, sagging skin)• Preventive action: delays the appearance of new signs of ageing			
*Extra optional eye care	20 mn	40€	25€
<p>Ideal for illuminating the eyes. It reduces puffiness, dark circles and wrinkles around the eyes. <i>Must be combined with a facial treatment.</i></p>			



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OUR PEELINGS

		SSBH <i>Standard rate</i>	Week <i>Soft rate</i>
Balade Clé des Champs			
Invigorating exfoliation, fresh seasonal wrap, seasonal massage			
	<i>with body wrap</i> 1h50	165€	150€
	<i>without body wrap</i> 1h20	130€	115€
Seasonal Body Scrub	45min	75€	60€
Invigorating body exfoliation with the fragrance of your choice			

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NET PRICE

All treatments duration indicated in our spa menu are the actual length of treatments.



Opening hours

Monday to Sunday from :

- 7am to 11pm for the pool & jacuzzi
- 10am to 10pm for the sauna & steam room

The treatments

Our treatments are available by appointment and at the following times

- Sunday to Thursday from 10am to 7pm
- Friday and Saturday from 10am to 8pm

Please book your treatments in advance and arrive 10 minutes before your treatment starts.

In case of late arrival, the treatment session may be reduced or cancelled.

Treatment bookings cancelled less than 24 hours in advance will be charged in full.

Clothing and linen

You may come to your treatment in the bathrobe provided in the rooms, together with your swimming costume. For external clients, a bathrobe will be provided on arrival. Disposable underwear is also available for your convenience.

Medical considerations

The treatments performed are not medical or physiotherapy massages but relaxation and well-being techniques.

Modelling is not recommended in cases of skin inflammation, recent surgery less than three months old, heart problems and circulatory disorders such as phlebitis and varicose veins.

We reserve the right to offer you another treatment more suited to your condition.

The prices are given as an indication and are subject to change without notice. Net price in euros per treatment.

The treatment map and range of treatments remain the intellectual property of Touring Hôtel - Le Clos des Sources.



What is a Seasons Organic Spa ?

At the Clos des Sources Hotel & Spa, we want our guests to be able to discover and enjoy the well-being of our Spa while respecting and protecting the environment.

Our commitments

- In order to lower the energy consumption impact of our Spa we have chosen to build and use a woodchip-fired heating plant. It reduces the energy consumption by 65% and avoids using fossil fuels.
- Our Wellness area is fed by spring waters coming directly from the surrounding mountains. We are also using an energy efficient eco water system named Grander.
- The massage oils and the essential oils that we are using for our treatments are coming from the organic agriculture only.
- We have chosen the «Clé des Champs», an organic cosmetic brand certified ECOCERT and labelled COSMEBIO. As well as Nature is Future, a brand of organic cosmetics from Alsace.
- All our cosmetic products are produced in France.
- We are recycling the used flasks.

